

TIBETAN HOMES FOUNDATION

• BI-MONTHLY NEWSLETTER •

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NEW DISPENSARY BEDS

Our school has a small dispensary with a capacity of 50 in patients with 6 health staff team and one residence doctor. The beds in dispensary were in bad condition and we have been carrying minor reparations since many years. The replacement of beds becomes one of our priority needs for this year.

We would like to thank Dr. Franz Pahl, Humanitarian Association, Bosnien, Italy” for their grant support to provide 32 new dispensary fowler and semi-fowler beds to our school dispensary.



RICE COOKER TO CHILDREN HOMES

It was an awesome feeling when I visited one of the children homes during the lunch break. Home parents were serving warm rice to children from the rice cooker which is more healthy and easy to cook also. The project successfully covers children homes of all 03 schools and also the two senior citizens homes. We are grateful to “German Aid to Tibetans, Germany” for the grant support. A total of 72 rice cookers of 20.2 litre and 10 litre capacity were provided to all children homes, Senior citizens homes and Vocational training centre.

Activity Highlights



September 2nd

The 58th anniversary of the Tibetan Democracy Day was celebrated at our branch school in Gohri Mafi. Our students of class X and staffs of our branch school Rajpur attended the celebration of this special day at the Tibetan Woman's Center, Rajpur, where they performed cultural dances.

September 3rd

A Zero Tuberculosis program, conducted by Dr. Kunchok la and his team from the Delek Hospital, was held at our branch school in Gohri Mafi.

September 3rd and 15th

The first Inter-house career quiz was held on September 3rd at the THS Mussoorie and on September 15th at our branch school Rajpur, led by the DOE, CTA and sponsored by SOIR-IM. We congratulate the Nyatri House of both schools to their victory in this new competition.

September 5th

Staff and Teachers Day was being celebrated at the THF. For this very special annual occasion the children at our different schools prepared performances to entertain and show their gratitude for everything our teachers and staffs contribute to our family every day.





October 2nd

On the occasion of Gandhi Jayanti, Mahatma Gandhi Jr.'s 150th birthday anniversary, our school in Mussoorie undertook a programme "Shachh Bharat Abhiyan", in which all the staffs and students from classes VII to XII in a cleaning of the campus area participated. Our branch school in Rajpur participated in the Thank You India program initiated by the Central Tibetan Administration, Dharamsala by cleaning the area.

37 of our children at Rajpur participated at the for this special event organised Painting Competition of the Pestle Weed School.



September 5th

The premiere of the last production of our Cinematography Club was held at the Tsering Dolma Auditorium, Mussoorie. The title of the movie was "Duk-Tsay-Kyi-Dray-Phu" and treated the important subject of substance abuse.

September 7th and October 30th

The second parent-teacher meeting of the year, which was attended by the THF General Secretary Mr. Karma Chungdak la and Mr. Tenzin Dorjee la, Head of the Academic Section, DOE, was held at our branch school in Rajpur.

With a special focus on the preparation for the forthcoming annual examinations, another parent-teacher meeting was conducted, providing a platform for the teachers and the parents to discuss their child's overall development.

September 13th and October 20th

The annual Montessori Rhymes Presentation, an event which was eagerly awaited not only by our youngest children but also by all the staffs and parents, was held at our schools in Mussoorie and Rajpur.

September 15th

A career counseling program for our senior students was conducted at the THS Mussoorie by volunteers from the Lal Bhadur Shastri National Academy, Mussoorie.



October 5th

Led by Mrs. Zomkey la, a panel discussion on "Bullying in school" was conducted at our school in Rajpur. The main objective of this discussion was to increase the awareness of this important subject and its possible impacts on a victim.

October 8th to 13th

Under the leadership of our branch school Rajpur's librarian Mr. Sonam Choephel la the annual Book Week was held in Rajpur, trying to encourage our students to read more books.

October 15th

Under the guidance of Mrs. Dawa Dolma la and Mr. Migmar Dhondup la the students of class VIII of the THS Gohri Mafi went on a detailed agricultural field trip to the Their Farm of Rawiala. The main objective of this excursion was to apply the theoretical knowledge gained in school into practice. Additionally, the students had the chance to visit the Ganga Prem Hospice and attend an orientation on the palliative care.

October 22nd

The senior students of our branch school in Rajpur organised a range of different literary activities for their fellow students. Under the direction of the class X students an English Essay Writing Contest was arranged, and we were glad to notice how devotedly our children participated.

October 26th

A group of ten students of class VIII and IX of our branch school in Rajpur were kindly invited to the annual Science Day at the TCV Selaqui. We would like to express our earnest gratitude to the principal Mr. Duke Tsering for the invitation.

October 27th and 28th

Our branch school in Gohri Mafi organised a staff picnic on October 27th and a student picnic on October 28th to intensify the bond and feeling of togetherness and unity of its personnel and children.

October 26th to 28th

Our children of the THS Rajpur participated in this year's Rajpur Nature Festival, which was organised at the Christian Retreat Centre in Rajpur. To present the unique Tibetan culture our students performed the traditional dance "Tashi Sholpa" and partook in an open painting competition as well as in a ramp walk to display Tibetan costumes.

October 31st

Lhabab Dhuechen, the day of the descent of Lord Buddha from Heaven to earth, was celebrated at the THF. For this special event our Tadrup Teacher Ven. Lungrig Ngawang gave a religious talk to the members of our family at the THS Mussoorie, explaining the background of this important festival.



COMPETITIONS AND TOURNAMENTS

In the last two months, our children got the opportunity to participate in various inter-class, inter-house and inter-school competitions, proving their abilities and competitiveness. In our three schools in Mussoorie, Rajpur and Gohri Mafi, different tournaments were independently conducted, such as an Inter-class English Debate Competition, an Inter-house Science Quiz and an Inter-house Chess Tournament in the academic field. Additionally, a total of 185 students of the THS Rajpur participated in this year's **Discovery School Super League**, India's largest national inter-school quiz. Regarding sports, our children partook among others in a Basketball Tournament, an Inter-school and Inter-house Marathon and an Inter-house Badminton Tournament. Furthermore, the annual Inter-house Athletic Meet was executed in our schools in Mussoorie and Gohri Mafi, although the event in Mussoorie had to be cancelled due to bad weather conditions. Thus, our honourable chief guest **Shering Kalon Dr. Pema Yangchen la** delivered a speech in the Tsering Dolma auditorium, Mussoorie. Moreover, the THS Mussoorie was involved in the Inter-school Athletic Meet organised by the Wynberg Allen School, Mussoorie.

CAPACITY BUILDING WORKSHOPS



September 14th

The teachers from our branch school in Rajpur who had attended a workshop focusing on various strategies of engaging students in the teaching and learning process shared their newly gained knowledge with the other teachers.

September 21st to 23rd

The teachers of our branch school Gohri Mafi enthusiastically participated in a program about improvement of the Tibetan language in middle-level schools. This program was conducted under the direction of Ven. Beri Palden la from the DOE, Dharamsala.



September 25th

Under the guidance of the DOE, CTA, Dharamsala a Librarian Cluster Meeting of Doon Zone was held at the THS Mussoorie.

October 26th

Our branch school in Rajpur organised a book reading and discussion as part of a Teachers Professional Development (TPD) activity. For this occasion, three different books were discoursed in small groups of four to five teachers



October

In the month of October, our career counsellor Mr. Tenzin Cheophel gave workshops on the topics of "Gender Sensitivity of Children" and "Teachers as Career Guidance" to his fellow teachers. These workshops were organised as part of a Teachers Professional Development Course (TPD) at the THS Mussoorie.

Visits from our Sponsors



September 10th to 15th

NORZANG FOUNDATION, SWITZERLAND

Mr. Christian Huggenberg la, the vice-president of the Norzang Foundation, Switzerland, his daughter Anna Huggenberg and Mr. Tsering Dorjee la, former General Secretary of the THF and member of the Norzang Foundation, paid a visit to the THF. Staying for five days at the THS Mussoorie, they visited the school campus, homes and infrastructure of Mussoorie, Charliemount, Rajpur and Gohri Mafi as well as the two elderly homes and the retirement home for former THF staff.



September 29th to October 7th

APOLLINE 45, FRANCE

We would like to express our sincere gratitude towards dentist Dr. Sonja Depret la from Apolline 45 France for her great concern towards the THF. Together with her husband she visited the THF, conducted a check-up of the permanent teeth of our children in Rajpur, Charliemount, and of our youngest members at THS Mussoorie. Furthermore, she taught our dentist Dr. Kalsang Tsering how to use the material she had brought with herself.



October 14th to 16th

THE RAINBOW OF MAGNOLIA, USA

Members of the organisation The Rainbow of Magnolia, USA visited the Tibetan Homes Foundation. We would like to express our sincere gratitude especially towards Dr. Mounzer, who conducted a haematology screening of all our senior girls at the THS Mussoorie. Additionally, we would like to thank Mr. Dariusz Stuj for bringing the Rainbow of Magnolia team to our school and our alumnus Tenzin Chodak la for organising the connection between our school and the organisation mentioned above.

FUNDED PROJECT -- IN PROGRESS

1. Skill and capacity for our training centre by Mr. Matias Nadal, Spain.
2. Athletic ground at branch school, Rajpur by Fundación Heres, Spain,
3. Photography club equipment at Mussoorie school by "The Rainbow of Magnolia, USA".
4. Dispensary equipment at Mussoorie school dispensary by "The Rainbow of Magnolia, USA".
5. Parenting skill development training to home parents by "The Rainbow of Magnolia, USA".
6. Facility development at Mussoorie guest house by Denka Wangdi and family, USA.
7. Provision of water storage tanks to 2 children homes by Denka Wangdi and family, USA.
8. Facility development in elderly home, Rajpur by Deutsch-Asiatische, Germany.
9. Repair of classroom furniture and teacher's conference table by "German Aid to Tibetans, Germany".
10. Provision of cultural costumes and musical instruments by Aide a l'Enfance Tibetaine, France.
11. New medical equipment and blood analyzer by "Norzang Foundation, Switzerland".
12. New school utility truck by "Tibet Freunde, Switzerland".
13. Contribution towards "Winter Programs" by Schwetzingen Tibethilfe, Germany.
14. Replacement of batteries in computer lab, Rajpur branch school by "German Aid to Tibetans, Germany".
15. Games and sports equipment and games room makeover by "Norzang Foundation, Switzerland".
16. School dental and medical equipment by "Tibet Freunde, Switzerland"
17. Montessorie cultural costumes and rain shed for branch school, Rajpur by Aide a l'Enfance Tibetaine, France.
18. Renovation of children pathway by "Norzang Foundation, Switzerland".
19. Contribution towards "Winter Programs" by Tibet Relief Fund, United Kingdom.
20. Contribution towards "Winter and Summer Programs" by German Aid to Tibetans, Germany.
21. Provision of warm quilt and quilt cover to children by Humanitarian Association, Bosnien, Italy.
22. School dental care makeover contribution by "Apoline 45, France.

Project - Alma Mater

Refrigerator gift : Our thanks to alumnus Mrs. Chemi Chekal based in Seattle, US for her support towards the provision of 2 – refrigerator to home no. 19 and Charlimount school.

Pocket Money Project:

Thank you to Ms. Tsering Wangmo la, Master Tenpa Dhargyal la and Mrs. Chemi Chekal la for their contribution towards our Alma Mater's "Pocket Money Project".

